## **Challenging Questions – Teaching Notes**

Here are some points for you to consider after watching the video on challenging questions.

- 1. Why do recruiters ask challenging questions?
  - to understand your thought process by
    - ✓ looking at how you think logically and explain your stance coherently
    - ✓ looking at how you handle stress or demanding tasks
    - ✓ looking at how you process information or solve problems
- 2. How do I answer all the above calmly?
  - Use the STAR (Situation, Task, Action, Result) approach
    - i. Situation What was the problem?
    - ii. Task What did you have to do?
    - iii. Action What did you do to solve the problem?
    - iv. Result How did it end?